



ANNUAL CAMPAIGN

LA PORTE COUNTY FAMILY YMCA | 2019 ANNUAL CAMPAIGN | CASE FOR SUPPORT



Share in our story.

Our Y has been working to strengthen our community for more than 110 years. We focus on three main priorities: youth development, healthy living and social responsibility. Today, we impact around 10,000 people per month through programs at 11 different sites around La Porte County.

We simply couldn't do all that we do without the help of our community. Our dedicated supporters coach basketball, direct racers at our 5K/10K and triathlon, paint walls and donate funds to ensure our programs remain accessible to everyone who needs them. Thank you for helping us build a better La Porte County!

YOUR Y: BY THE NUMBERS

3	Total Y branches
7	Townships/cities offering Y programs and services
5	Different chronic disease programs being offered in 2018
179	Total staff members
8,000+	Total Y members
181	Young children enrolled in Y early childhood education programs
160	School-aged children who attended summer camp in 2018
\$208,576	Total scholarship dollars awarded in 2018
\$120,000	2019 Annual Campaign Goal

YOUTH DEVELOPMENT

We believe all kids deserve the opportunity to discover who they are and what they can achieve under the guidance of adults who care about them and believe in their potential.

Through our early childhood education programs, caring Y staff members rock tiny infants to sleep, help toddlers learn their first words and teach preschool aged children how to stand in line, hold a pencil and socialize with others. At Summer Adventure and School's Out Day Camp, school age children enjoy learning and being active while making memories that last a lifetime. In these ways and many more, we help young people form healthy habits, develop their skills and build strong relationships.



HEALTHY LIVING

With an emphasis on balance, we help kids and adults become happier and healthier while connecting with others. The Y is not just a resource for those who wish to stay fit, but is also engaged in working with “health seekers” who wish to live their best lives at any age.

In an effort to meet our community’s changing needs, we have introduced a series of programs designed to assist those facing or at risk for chronic diseases. These include our ENHANCE@FITNESS program for adults living with the pain of arthritis, our YMCA Diabetes Prevention Program for adults at high risk for developing type 2 diabetes, and our LIVESTRONG® at the YMCA program for adult cancer survivors.

Last year we introduced two new and exciting programs – Moving for Better Balance and Blood Pressure Self-Monitoring. We are very proud to be one of only two Y associations in the State of Indiana that have been approved to offer all five of these chronic disease programs.



SOCIAL RESPONSIBILITY

With the help of our volunteers and supporters, we are able to make our community a better place to live and do business. In 2018, we offered a variety of exciting family events including our Bunny Bubbles Underwater Easter Egg Hunt, Healthy Kids Day, Halloween Family Fun Night and the World’s Largest Swim Lesson. Families also enjoyed doing science experiments, playing games and putting together puzzles as part of our Family Night program.

The programs listed above are offered at no charge. However, we believe that ALL of our programs should be accessible to everyone in our community, regardless of their ability to pay. Each year, we apply for grants, plan fundraisers and hold our Annual Campaign to raise money for our Y scholarship fund. In a typical year, we provide around \$200,000 in direct financial aid so La Porte County residents can participate in important Y programs like swim lessons, youth and adult sports, preschool and summer camp.



Give a Little, Impact a Lot.

Please consider making a 2019 Annual Campaign contribution to help us build a stronger and healthier La Porte County. Your gift will help young people achieve their full potential, empower people of all ages to live healthy lives and strengthen the bonds of our community.

Visit <https://app.mobilecause.com/vf/LPYMCA> or text LPYMCA to 71777 to give today.