



2024 J'Dreams Basketball

YOUTH & JUNIOR PROGRAMS

@ Town of Long Beach Community Center



Register at www.evpademies.com or email rossballing@evptour.com

SUMMER BASKETBALL CLASSES

Basketball 101 Kidz (8yrs-10yrs)

Catch, Dribble, Pass, Cut, Screen-Roll!

This program will introduce your child to the game of basketball if they are beginners or if they need the know how to get to the next level. Basic skills of dribbling, catching, passing, shooting, and defense will be taught. New individual challenges will be presented to develop the importance of reaching goals. Modified basketballs will help reach the next level. Lesson plan also incorporates pivoting, closeouts and jump-stops.

MIN/MAX: 8/28 PER CLASS (4-Weeks) INSTR: EVP Academies PROS STAFF - 312-287-5988

Day	Date	Time	R/NR	Prog#
MO	6/3-6/24	1-230p	\$99	
MO	7/8-7/29	1-230p	\$99	

Jr. Basketballin 201 (11-14yrs) *Pass and cut, screen and roll & move without the ball!*

This program will advance your children into "game situation" drills and continue to build basketball fundamentals on an individual basis. Advanced skills n drills of dribbling, passing, finishing, shooting, and defense will be taught. Pairing games will be played to show the importance of counter-moves! Lesson plan also incorporates reverse pivoting, closeouts and jump-stops.

MIN/MAX: 8/28 PER CLASS (4-Weeks) INSTR: EVP Academies PROS STAFF - 312-287-5988

Day	Date	Time	R/NR	Prog#
MO	6/3-6/24	230-4p	\$99	
MO	7/8-7/29	230-4p	\$99	

SUMMER BASKETBALL CAMPS

Basketball 101 Kidz (8yrs-10yrs)

Catch, Dribble, Pass, Cut, Screen-Roll!

This camp will introduce your child to the game of basketball if they are beginners or if they need the know how to get to the next level. Basic skills of dribbling, catching, passing, shooting, and defense will be taught. New individual challenges will be presented to develop the importance of reaching goals. Modified basketballs will help reach the next level. Lesson plan also incorporates pivoting, closeouts and jump-stops.

MIN/MAX: 8/28 PER CLASS (4-DAY CAMP) INSTR: EVP Academies PROS STAFF - 312-287-5988

Day	Date	Time	R/NR	Prog#
Tu-Fri	6/11-6/14	1-230p	\$99	
Tu-Fri	7/9-7/12	1-230p	\$99	
Tu-Fri	7/28-8/2	1-230p	\$99	

Jr. Basketballin 201 (11-14yrs) *Pass and cut, screen and roll & move without the ball!*

This program will advance your children into "game situation" drills and continue to build basketball fundamentals on an individual basis. Advanced skills n drills of dribbling, passing, finishing, shooting, and defense will be taught. Pairing games will be played to show the importance of counter-moves! Lesson plan also incorporates reverse pivoting, closeouts and jump-stops.

MIN/MAX: 8/28 PER CLASS (4-DAY CAMP) INSTR: EVP Academies PROS STAFF - 312-287-5988

Day	Date	Time	R/NR	Prog#
Tu-Fri	6/11-6/14	230-4p	\$99	
Tu-Fri	7/9-7/12	230-4p	\$99	
Tu-Fri	7/28-8/2	230-4p	\$99	

Register at www.evpademies.com or email rossballing@evptour.com

2024 SUMMER VOLLEYBALL @ LONG BEACH COMMUNITY CENTER



Register at www.evpacademies.com or email rossballing@evptour.com



VolleyKidz USA (8-10yrs)

VolleyKidz is an introductory class for children 8-10 yrs. The lesson plan introduces the pass, set and spike using a very light volleyball. Volleykidz will improve each child's hand/eye coordination and left/right coordination through the use of fun drills and games. Lesson plan also incorporates short educational drills including spelling, math, and science.

Age: 8-10 years **Location:** LBCC Grass

Instructor: EVP Academy **Min/Max:** 8/24

Day	Date	Time	R/NR	Prog#
M	6/3-6/24	4-530p	\$99	
M	7/8-7/29	4-530p	\$99	
M	8/5-8/26	4-530p	\$99	



Jr. VolleyKidz USA (11-14yrs)

Improve your volleyball skills with 90 minutes of drills in setting, passing, overhand serving and spiking. The lesson plan directs the use of individual training, pairing drills and game situation development to help each student reach a new level. Instructors organize short games at the end of each class. The lesson plan also incorporates leadership and educational components.

Age: 11-14 years **Location:** LBCC Grass

Instructor: EVP Academy **Min/Max:** 8/24

Day	Date	Time	R/NR	Prog#
M	6/3-6/24	530-7pm	\$99	
M	7/8-7/29	530-7pm	\$99	
M	8/5-8/26	530-7pm	\$99	



Jr. VOLLEY SERIES MATCH PLAY (11-14yrs)

Interested in playing volleyball with other volleyball athletes with skills to compete against other park teams? Then our Volleyball Pro will develop a team and bring parity to the weekly instruction to prepare match-PLAY. The coaches' lesson plan will guide the team in weekly training for 90 minutes. At weekly practice the teams will learn team defense and offense positions while they improve on their fundamentals of passing, setting, spiking, and overhand serving. This is a 4-week program that meets once per week for 90 minutes. Each athlete receives EVP Volley Series t-shirt.

Age: 11-14 years **Location:** LBCC Grass

Instructor: EVP Academy **Min/Max:** 8/24

Day	Date	Time	R/NR	Prog#
W	6/5-6/26	5-630pm	\$99	
W	7/10-7/31	5-630pm	\$99	
W	8/7-8/28	5-630pm	\$99	



EVP - GRASS VOLLEYBALL CAMPS

EVP Academy coaches deliver an introductory and challenging lesson plan on the grass volleyball courts at the MMAC. Lots of contests and games too, with fun and active instructors! The lesson plan develops passing, setting, overhand serving and spiking. VolleyKidz athletes will be divided by age and ability level. The sand adds a new dimension. Canceled classes are made up on Saturday. EVP Academies Coaches. All campers get an EVP T-shirt at the beginning of camp.

Instructor: EVP Academy **Min/Max:** 8/24

Age: 8-10 years **Location:** LBCC Grass

Day	Date	Time	R/NR	Prog#
Tu-Fri	6/11-6/14	1-230p	\$99	
Tu-Fri	7/9-7/12	1-230p	\$99	
Tu-Fri	7/28-8/2	1-230p	\$99	
Tu-Fri	8/6-8/9	1-230p	\$99	

Age: 11-14 years **Location:** LBCC Grass

Day	Date	Time	R/NR	Prog#
Tu-Fri	6/11-6/14	230-4p	\$99	
Tu-Fri	7/9-7/12	230-4p	\$99	
Tu-Fri	7/28-8/2	230-4p	\$99	
Tu-Fri	8/6-8/9	230-4p	\$99	



Register at www.evpacademies.com or email rossballing@evptour.com